Cover Picture: Kinley Om using Grass Cutter acquired through Tarayana Microfinance in Laya

Inside Picture: Ap Leki Tshering from Cane and Bamboo Group of Broksar in Mongar
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About Tarayana Foundation

WHO WE ARE
Tarayana Foundation was founded by Her Majesty Gyalyum Dorji Wangmo Wangchuck and formally launched on 4th May 2003, by His Majesty The King Jigme Khesar Namgyel Wangchuck, the then Crown Prince. Tarayana is a Public Benefit Organization, registered (Registration No. CSOA /PBO-08) with the Civil Society Organization Authority of Bhutan. Tarayana Foundation is governed by a Board of Directors and advised & supported by an Executive Committee. The Board provides overall guidance at the policy level, while the Executive Committee supports the Secretariat in implementing the activities approved by the Board. The Secretariat plans, coordinates, and rolls out all interventions through a network of programme and field officers.

VISION
A Happy and Prosperous Bhutan

MISSION
Tarayana Foundation believes in maximizing happiness and harmony among all Bhutanese people by providing opportunities for life improvement to the vulnerable communities in Bhutan. By helping these community members learn and integrate new skills, Tarayana Foundation promotes self empowerment and the importance of serving each other.

MOTTO
Service from the Heart

CORE VALUES
Compassion: We will be guided by the spirit of compassion from which the Foundation derives its name.
Dignity: We will act with dignity in our work and seek to respect the dignity of those we serve.
Integrity: We will follow the highest ethical standards.
I am pleased to present the Tarayana Foundation’s annual report highlighting our accomplishments in the past year. Despite the pandemic and its impacts, we continued our work to support and empower grassroots communities. As a result, we have made significant progress toward our goals and positively impacted thousands of individuals and families. Additionally, we have successfully launched new initiatives and grown existing programmes to serve more targeted communities in need. Our partnerships with the local communities, organizations, and government agencies have been strengthened, allowing us to make a more significant impact.

In 2022, the Foundation remained committed to its vision of fostering a compassionate society where everyone can enjoy a good quality of life. We achieved this through various initiatives designed to address the most pressing social and economic challenges and meet the needs of some of the most vulnerable communities in Bhutan.

This year, the Foundation has made notable achievements, including supporting and financing rural entrepreneurs through the Tarayana Microfinance. Reaching the 2024 milestones two years ahead of schedule is a remarkable achievement. It demonstrates the dedication of Tarayana Microfinance to its clients and sets the stage for even greater success in the future. With a focus on delivering high-quality services and prioritizing the needs of its target clients, Tarayana Microfinance is well-positioned to sustain its growth trajectory and continue to impact the communities it serves positively.

We have received positive feedback from local communities on the Foundation’s community-driven initiatives of springshed management aimed at restoring and enhancing the recharge areas of natural springs. With the successful completion of a Springshed Management Project, we now expect the programme to serve as a model and scale up our efforts to promote this nature-based solution for sustainable water resources in the country.
Our partnership with colleges provided students with internship opportunities, allowing them to gain hands-on experience in many fields, including community development, food and nutrition security, and climate change adaptation initiatives. These opportunities benefitted the students by providing practical skills, knowledge, and experiences. Additionally, they have also contributed to the Foundation's efforts to create positive changes in local communities.

Our commitment to facilitating tertiary level scholarship opportunities for underprivileged students is vital to ensuring equal access to education. By empowering these students, we play a crucial role in breaking down barriers and creating a more equitable educational system.

Our programmes on skills-development and market linkage facilitation for rural artisans have empowered and enabled them to contribute to the growth of their communities and the economy. Artisans have shown remarkable progress in enhancing their skills and expanding market reach with training provided through the Foundation, both within and outside of Bhutan. By continuing to invest in these initiatives, we can unlock the full potential of many talented individuals and contribute to their success stories.

The Folk Heritage Museum, Tarayana Rural Crafts, and the Tarayana Centre for Social Research and Development have all made significant progress in achieving their respective targets and goals.

The Foundation is embarking on the next phase of community change and development, building on past successes and developing a programming focus on nurturing entrepreneurial skills, enhancing food and nutrition security, and building climate resilience. While our past programmes and achievements have contributed to a common agenda in sustainably developing some of Bhutan's most vulnerable communities, we remain sensitive to the evolving needs of the communities we serve, particularly in a changing climate scenario. Our strategy and approach will significantly impact society and contribute to building a better and more resilient world for future generations. The Foundation remains committed and steadfast in building and scaling up our holistic community development programmes as we continue to serve the most vulnerable communities in Bhutan and make meaningful contributions to the national and international sustainable development agenda.

Finally, I express our heartfelt gratitude to our partners, supporters, donors, volunteers, and well-wishers, both in Bhutan and abroad, for your unwavering support of our mission to bring positive change to the lives of the most vulnerable communities in Bhutan. Your contributions have made a tangible difference in the lives of the people we serve and inspired us to continue our work with renewed passion and commitment. Your support gives us the strength to continue our mission and make a lasting impact on the communities we serve. Once again, thank you for your continued partnership and dedication to our cause.

Her Majesty The Queen Mother, Gyalyum Dorji Wangmo Wangchuck,
Founding President
Tarayana Foundation’s goals of contributing to a prosperous Bhutan have resulted in the facilitation of services and products/goods in the rural, remote and unreached parts of the country. The Foundation has worked to reduce the vulnerabilities of communities through several innovative social development programmes. These have largely been implemented through Tarayana’s field staff and a large number of volunteers, thus reflecting Bhutan’s spirit of service and volunteerism. Social Development Programme is one of the major programmes of the Foundation focusing on reducing vulnerabilities in critical areas such as housing, food and nutrition security, social inclusion, and green technologies in the remotest corners of Bhutan.

1. Vulnerability Reduction

a) Housing Improvement Programme

Details of the Houses and Toilets Constructed in 2022
Tarayana’s primary program is the housing improvement programme, which aims to decrease the susceptibility of rural communities in Bhutan. Since the establishment of the Foundation in 2003, the program has collaborated with both domestic and foreign organizations to provide new and upgraded homes, including pour-flush toilets and repair and renovation services. In 2022, 15 new houses were constructed; 12 through Thai Philanthropists Housing Support under Bjoka block in Zhemgang, 1 in Pangzhing Gonma under Tading Gewog in Samtse supported by Regents International School Donation, Bangkok, Thailand, 1 in Tading under Samtse district funded by Aparajita Ajit and 1 in Mewangang under Goshing under Zhemgang district through a local donor.

Four new pour flush toilets were constructed; one each by Aparajita Ajit Donation and Regents International School Donation in Tading, Samtse and two toilets in Mewangang village under Mewangang Housing project.

This programme contributes towards fulfilling many targets under SDGs, specifically SDG 1. and targets 1.4: By 2030, ensure that all men and women, in particular the poor and the vulnerable, have equal rights to economic resources, as well as access to basic services, ownership and control over land and other forms of property, inheritance. It also contributes towards KPI 6.4: Poorest households without proper dwelling under NKRA 3. The support to WASH facilities contributes immensely towards KPI 6.2: Poorest households without proper sanitation (pour-flush toilet) under NKRA 3 and targets 6.2: By 2030, achieve access to adequate and equitable sanitation and hygiene for all and end open defecation... and 6.b: Support and strengthen the participation of local communities in improving water and sanitation management under SDG 6.
b) Annual Pilgrimage Programme

In 2008, the Annual Pilgrimage Programme was established to honor the coronation of His Majesty The Druk Gyalpo Jigme Khesar Namgyel Wangchuck. The programme provides an opportunity for a group of senior citizens from rural communities to undertake a pilgrimage, a lifelong aspiration for them. So far, 100 senior citizens have participated in the Annual Pilgrimage Programme. Although the programme couldn’t be organized for the past three years (2020, 2021, and 2022), the Foundation intends to resume it in 2023 by organising it to coincide with the 20th anniversary of the Foundation.

c) Food and Nutrition Security

Food and nutrition security is an essential component of the holistic rural development model Tarayana promotes. Since the inception of the Foundation, the Field Officers have been providing necessary support, guidance, and facilitation in promoting backyard gardens for every household in the respective sites. This initiative complements the tremendous effort made by the Department of Agriculture under the Ministry of Agriculture and Forests to make the villages food self-sufficient. Supports are provided in the form of inputs, capacity building, and market facilitation.
1. The project *"Food Security in Bhutan through Professionalized Self-Help Groups (SHGs)(Pilot)"* with fund support from Bhutan Foundation is being implemented for 10 SGHs under six districts of Haa, Lhuntse, Tsirang, Trongsa, Mongar and Trashigang. The first outputs of the project were Baseline Survey of the SHGs, development of sustainable mechanism for Missing Middle Initiatives and Development of SHGs capacity.

The project team has been actively engaged in information sharing with the districts, blocks, SHG members, followed by consultations with ten SHGs to understand their dynamics, governance, functioning, products, capacity, issues, challenges, and opportunities. A baseline survey was carried out with the ten target SHGs as well as with local vendors/market actors, and the baseline survey report has been compiled.

2. The project *“Collaboration regarding Promotion of Homestead Nutrition Garden and Expansion of Lead Farmers Model in the Program Sites”* funded by Commercial Agriculture and Resilient Livelihoods Enhancement Programme (CARLEP)-International Fund for Agricultural Development (IFAD) through Agriculture Research and Development Centre (ARDC) based in Wengkhar, Mongar under Ministry of Agriculture and Forests, is being implemented in the targeted sites of Pema Gatshel, Trashigang, Mongar and Lhuentse. The main objective of the project is to improve rural livelihood through the provision of quality and timely delivery of extension services. The achievements of the project in 2022 are;
- Five kms of electric fencing installed in Panjabi, Yanshingphel, Nunmaling in Manbi block under Lhuentse district
- Three units of vermicompost in Lingabi, Nimzhong and Rotpa under Gangzur block in Lhuentse were constructed
- A solar dryer each in Darna village in Lumang block under Trashigang district, and Bangyul village in Dungmaed block under Pema Gatshel district were constructed
- Conducted training on vermicomposting in Lingabi, Nimzhong and Rotpa in Lhuentse
- Training on installment and management of solar dryer in Darna under Lumang block, Trashigang and electric fencing in Langabi, Yanshingphel and Nunmaling under in Manbi block, Lhuentse were conducted
- Agriculture tools and machines in Gangzur and Lumang blocks in Lhuentse were distributed
- Two units; Kurtoe Food Processing unit in Lingabi and Soneam Thakshey Concrete Poles in Nimzhong under Gangzur block in Lhuentse were started successfully
- Low cost greenhouse was constructed at Lungkholoam in Chhimoong under Pema Gatshel
- Installed a greenhouse at Nagor Pam, under Silambi block, Mongar

3. The Project “Strengthening Community Based Structure to Address Under-Five Nutrition” with fund support from the Asian Development Bank through the Health Promotion Division (HPD), Ministry of Health (MoH) being implemented in 20 blocks under eight districts of Dagana, Mongar, Pema Gatshel, Samdrup Jongkhar, Trashigang, Trashi Yangtse, Trongsa and Zhemgang is completed.
The main objective of the project was to address nutrition for children under five years through active engagement of existing community-based structures and local organizations. The achievements of the projects are;

- Developed training manual and materials for under-five nutrition with the assistance from the Nutrition Division, Department of Public Health

- Trained youth groups, women's groups, and religious leaders on advocacy and awareness for behaviour change communication

- Conducted workshops among community-based structures, local government leaders and community leaders to develop mechanism/framework to strengthen collaboration and coordination

- Developed mechanism/framework to strengthen collaboration and coordination between Civil Society Organizations, local government leaders and community leaders to mainstream activities related to under-five nutrition in the local government’s annual plans

4. The project “Nutrition and Health Advocacy to Help Rural and Vulnerable Population Groups Eat & Stay Healthy During the COVID-19 Pandemic & Beyond” funded by the World Food Programme (WFP) Bhutan implemented in Tsirang, Lhuentse, Zhemgang, and Trongsa districts will be completed by June 2023. The focus of the project is promoting health and nutrition as a defense mechanism/preventive measure to strengthen immunity at a community level. The knowledge gained was translated into behaviour/practices to sustainably influence demand for healthier diets.
Sixteen villages of four districts are beneficiaries of this project. The following are the updates of the project;

- Compiled and analysed the assessment of food and nutrition security at the household and community level

- Conducted consultations with relevant stakeholders at district, block & village levels in four districts

- Conducted food mapping exercises in all sixteen villages

- Compiled information on the food mapping exercises

- Designed both reports and submitted them to the WFP Office

- Attended 1st technical advisory group meeting and presented both the reports (findings and recommendations)

- Compiled the existing IEC (information, education, and communication) materials for the trainings planned for 2023

- Promotion of local variety crops through advocacy and nutrition sensitization by Agriculture Extension Officers, Livestock Officers, Frontline Health Workers & Community Influencers was carried out

This programme contributes to targets 2.1: By 2030, end hunger and ensure access by all people, in particular the poor and people in vulnerable situations, to safe, nutritious and sufficient food all year round, 2.2: By 2030, end all forms of malnutrition, including achieving, by 2025, the internationally agreed targets on stunting and wasting in children under 5 years of age, and address the nutritional needs of adolescent girls, pregnant and lactating women and older persons, 2.3: By 2030, double the agricultural productivity and incomes of small-scale food producers, in particular women... and 2.4: By 2030, ensure sustainable food production systems and implement resilient agricultural practices that increase productivity and production, that help maintain ecosystems, that strengthen capacity for adaptation to climate change, extreme weather, drought, flooding and other disasters and that progressively improve land and soil quality, under SDG 2. Nationally, it contributes towards KPI 8.1: Agriculture land under cultivation, KPI 8.3: Food sufficiency, KPI 8.4: Food insufficiency in the country, KPI 8.5: Stunting (height for age) and KPI 8.6: Prevalence of anemia in adolescent girls (10-19 years) under NKRA 8.
2. Scholarships and Learning Opportunities

Tarayana Foundation is committed to investing in the future of Bhutan. Scholarships and learning programmes that are currently being undertaken will continue and be expanded to include vocational and technical skills that will contribute to a more self-reliant Bhutan.

a) Scholarships

In 2022, the Foundation in collaboration with national and international universities facilitated scholarships for seven students, two at Regents International School, Bangkok, Thailand and five at Norbuling Rigter College, Paro. Currently there are a total of 32 scholarship recipients pursuing their higher studies; Regents International School, Bangkok, Thailand (4) and Norbuling Rigter College, Paro (28).

In 2022, 31 scholarship recipients graduated from various universities; 15 from Asian University for Women (AUW), Chittagong, Bangladesh, two from Regents International School, Bangkok, one from Lovely Professional University, India, 11 from Norbuling Rigter College, Paro and two from Christian University of Thailand, Thailand.

Through Bhutanese Knowledge for Indigenous Development (B-KIND) project, Tarayana Centre for Social Research and Development (TCSRD), currently there are seven scholars; six PhD scholars, four at College of Natural Resource (CNR) taking biophysical on B-KIND themes and two PhD at Carleton University, Canada taking social/anthropology, and one MA scholar at Tata Institute of Social Science (TISS) pursuing sociology and anthropology.
My name is Jigme Samten Tshomo, and I come from the village of Dopang in Chali block, under Mongar district. Despite belonging to a humble family, I have always been committed to becoming a productive member of society. I am incredibly fortunate as right after completing high school I got selected as a scholarship recipient by the Tarayana Foundation. Thanks to this incredible opportunity, I was able to attend Christian University in Thailand, where I earned a degree in Tourism and Service Innovation. I am writing to express my heartfelt gratitude to Her Majesty Gyalyum Ashi Dorji Wangmo Wangchuck, and the Tarayana Foundation for the scholarship provided for my study.

The generous support allowed me to pursue my academic dreams. Thanks to your kindness, I could focus on my education without worrying about the financial burden that often comes with pursuing higher education. The scholarship has been a tremendous help, and I am grateful for the opportunity to learn and grow as a person. I am now on track to achieve my academic goals and give back to my community. Tarayana Foundation has inspired me to work hard and give back to society, just as you have done.

I am deeply thankful for the trust you placed in me, and I promise to make the most of the education that your scholarship has made possible. In addition, I plan to use the knowledge and skills I have gained to positively impact my personal life, community, and the world. Currently, I am here in Australia, continuing my master’s program in International Hospitality Management at Edith Cowan University. The scholarship program and degree I earned in Thailand provided a much-needed foundation for my study. The Tarayana Foundation is a non-profit organization that is dedicated to improving the lives of underprivileged and marginalized communities in Bhutan. The Foundation has established a reputation as a trusted and effective force for positive change through its commitment to promoting sustainable development, preserving cultural heritage, and empowering individuals. I am proud to be associated with this organization and am committed to upholding its values in my personal and professional endeavors. I am grateful for the opportunity to be a part of the Foundation’s noble journey, and I look forward to contributing to its mission in the future. I am grateful to the Christian University in Thailand for recognizing my potential and providing the support and resources needed to pursue my academic goals. The education and training I have received will help me achieve my career aspirations and make a meaningful contribution to society. In addition, I am deeply appreciative of the faculty members, advisors, and mentors who have provided me with guidance, support, and inspiration throughout my studies. Their commitment to education and passion for teaching has inspired me to aim higher and work harder to achieve my goals. While in university, I was awarded outstanding academic achievements and graduated with First Class Honors. I am thankful to the Foundation, university, parents, and friends who believed in me and supported me. The encouragement and support have left an indelible mark on my life, and I will always be deeply indebted to all of you. Once again, thank you, Her Majesty Gyalyum and the Tarayana Foundation from the bottom of my heart for your support and kindness. Your generosity has made a significant difference in my life, and I will forever be grateful.

REPORTED WITH CONSENT FROM THE CONCERNED PERSON(S)
b) Professional Development Programme

Seventeen (7F & 10M) youths from Gedu College of Business Studies, Samtse College of Education and Norbuling Rigtar College interned with the Foundation in 2022 for a period of three to six months. The interns were attached to different divisions (business plan development, food processing, and Tarayana Rural Crafts) based on their interests and studies background. They were also provided with opportunities to visit project sites of the Foundation to learn about socio-economic issues of disadvantaged communities, the Foundation’s holistic community development model and engage with the community members.

c) School Clubs

Tarayana School Clubs were initiated in 2004 to promote the spirit of volunteerism in youths. Currently, there are 128 school clubs with 5,800 members across Bhutan. Following are some of the achievements of 2022;

- Tarayana Club Strategy Plan was finalized with five thematic areas identified i.e. Poverty Reduction, Empowering Youth through Engagement Programmes, Ensuring Good Health & Well-being of Children/Youth, Promoting Gender Equality, and Reducing Climate Change impacts to build a Greener Bhutan & Happier Future
- Certificate distribution to graduating members of Paro College of Education, Samtse College of Education, Gedu College of Business Studies and College of Natural Resources completed
An online program with Jeju Jeil High School, South Korea has been piloted with the Tarayana Club members of Jigme Sherubling Central School, Trashigang to exchange information and engagement methods of the two clubs.

An online event “Metaverse Wetland Library” between Rinchen Kuenphen Primary School, Thimphu and Jeju Soenheul Primary School, South Korea was held on 29th October 2022 to create awareness on importance of wetlands through the stories of wetlands in Bhutan and Jeju Island.

“Ensuring Mindful Approaches to Healthy Lifestyle and Wellbeing of Youth” funded by AstraZeneca Young Health Programme (YHP), a pilot project was implemented in 12 Tarayana Clubs namely;
1. Jigme Sherubling Central School (Trashigang)
2. Sherubtse College (Trashigang)
3. Peljorling Higher Secondary School (Samtse)
4. Gyalpozhing College of Information Technology (Mongar)
5. Yadi Central School (Mongar)
6. Dewathang Primary School (Samdrup Jongkhar)
7. Langthel Lower Secondary School (Trongsa)
8. Gesarling Central School (Dagana)
9. Metaka Primary School (Chhukha)
10. Dechheling Lower Secondary School (Pema Gatshe)
11. Khoma Lower Secondary School (Lhuentse)
12. College of Natural Resources (Punakha)
With the objective to contribute towards the lifting of non-communicable diseases (NCDs) from the negligence of public health, the club coordinators and members were able to;

- Conduct three rounds of meetings; one to gather information, second to discuss NCDs and a third to review progress of the project

- Collect proposals and work plans from the clubs and disburse an uniform amount of seed money, Nu. 32,000 to each of the 12 clubs to conduct the activities outlined in their proposals

- Organize and carry out various activities in their schools, neighbouring schools, and communities. The primary focus of these activities were to raise awareness about NCDs with a special emphasis on the harmful use of alcohol, unhealthy diet, physical inactivity, and tobacco use. A total of 480 club members and students were directly reached through these activities and approximately 6000, people were indirectly reached through various programmes and other initiatives

- Develop short videos on NCDs (customized to suit club’s target groups) and the top three videos were awarded cash prize of Nu. 10,000 each

- Collect and share information materials on NCDs with club coordinators and members. The activities were implemented with assistance from health workers to communicate effectively to the target groups

This programme contributes towards KPI 7.1: Graduates from in-country TEIs employed within one year of graduation, under NKRA 7, KPI 10.3: Gender parity index in tertiary education and KPI 10.4: Female unemployment under NKRA 10. It also contributes towards targets 4.1: Free primary and secondary education, 4.3: Equal access to affordable technical, vocational and higher education and 4.5: By 2030, eliminate gender disparities in education and ensure equal access to all levels of education... under SDG 4
3. Energy and Environment

Tarayana works with some of the most disadvantaged communities in the country with high poverty incidences. These communities have very limited adaptive capacity and coping mechanisms for climate-induced risks. Most of the communities are also located in high climate variability zones, which further increases their risk of climate hazards. Due to climate change, the livelihood options of the communities are challenged by water scarcity, increased pests and diseases, decreased crop yield, and human-wildlife conflict, further aggravating food insecurity issues, waste management, and so on. Through diverse interventions, the Foundation builds and enhances the capacities of the communities to cope with the impacts and risks of climate change.

1."The International Climate Initiative (IKI) - Living Landscape: Securing High Conservation Values (HCVs) in South-Western Bhutan", is an eight-year project funded by the Federal Ministry of the Environment, Nature Conservation, and Nuclear Safety (BMU) implemented by World Wildlife Fund (WWF) Bhutan and Tarayana Foundation in partnership with Royal Government of Bhutan through the Department of Forests and Park Services (DoFPS) and National Land Commission Secretariat (NLCS). The project covers nine districts: Haa, Paro, Thimphu, Chhukha, Tsirang, Dagana, Sarpang, Samtse, and Zhemgang, constituting a total area of 9967.45 km² (equivalent to 996,745 ha) outside the protected areas and biological corridors.
Springshed Assessment Volume II is completed and includes mapping of 18 springs in eight blocks under five districts

- An assessment of potential livelihood-based resources was undertaken in all nine target districts based on selected medicinal plants

- Community consultations on Human-Wildlife Conflict, Ecotourism opportunities, Water issues and Water harvesting schemes were conducted

- A study on Indigenous Knowledge Management for livelihood was carried out in the project sites which included consultations with the national stakeholders (National Biodiversity Centre, Social Forestry Extension Division under Department of Forest and Park Services, Menjong Sorig Pharmaceuticals Corporation Limited, and Department of Traditional Medicine Services) as well as with target communities

- Training on identifying, removing and disposing invasive plants at Tading and Dophuchen in Samtse, Logchina and Madetabkha in Chhukha, Dorona and Largyab in Dagana, Tsirangtoed and Phuentenchu in Tsirang were imparted

The prime objectives of the project are to promote human-wildlife coexistence, secure water resources for the local communities, develop and implement sustainable livelihood strategies in selected communities, and create environmentally friendly community-based business plans for alternative incomes.

The concept of High Conservation Values (HCVs) is the central approach of this project. The following activities were carried out in 2022;
2. “Ecosystem Based Adaptation Springshed Management in Bhutan,” in partnership with the College of Natural Resources, funded by the International Union for Conservation of Nature (IUCN), was successfully completed within two months, August 2022 to October 2022.

The main objective of the project was to secure water resources from drying springs through Ecosystem Based Adaptation (EbA) Springshed Management.

Three springs in Athang block under Wangdue Phodrang and two springs in Chubu block under Punakha district were successfully protected and revived through the project.

A technical report documenting the project activities and lessons learned on springshed management has been completed.

A policy brief on Reviving Drying Water Sources in the Himalayan Region of Bhutan has been completed.

3. The project “Developing Climate Resilient Communities through Appropriate Adaptation and Mitigation Interventions at Yagyur and Khengzor” is being implemented by the Foundation at Khar block under Pema Gatshel district.

The project is funded through the GEF- Small Grants Programme (SGP), UNDP Bhutan and the Royal Government of Bhutan.

The project’s main objective is to reduce Human-Wildlife Conflicts, thereby contributing to food security and sustainability for enhancing livelihood.

The second objective is to enhance water sustainability by catchment conservation through community participation. The activities executed under the project in 2022 are;
• Community mobilization and resource mapping were carried out in both the villages

• Baseline Survey and Self-Help Group Management trainings were also carried out

• The project consultant and a field officer conducted two days awareness on Springshed Management in the target villages

• The consultations with the community members, field survey and training on electric fencing were also conducted

• Identified two water sources for which 36 trenches each in the two villages were completed

• As a complementary effort towards the project and to benefit the community at large, a maize storage structure at a household level has also been completed

• An effort to address the issue of Human Wildlife Conflict, the electric fencing installation is under process. The use of concrete poles for the fencing was recommended and the poles are supplied by the Soneam Thakshey Concrete Poles Group (youth group) from Gangzur, Lhuentse

This programme contributes to SDG 7, SDG 9, SDG 11, SDG 13 and SDG 15 specifically target 15.4: By 2030, ensure the conservation of mountain ecosystem, including their biodiversity, in order to enhance their capacity to provide benefits that are essential for sustainable development. It also contributes to AKRA 5: Promote clean renewable energy technologies through climate mechanisms, KPI 5.1: Other forms of alternative renewable energy promoted, AKRA 7: Enhanced climate-smart and disaster-resilient development and KPI 7.3: Area brought under sustainable land management under NKRA 6.
The project "Promoting Integrated Bamboo-Based Enterprise Development among SAARC Countries," supported by the SAARC Development Fund, is implemented in Gongdue, Silambi, Tsamang and Saling in Mongar and Ngangla, Goshing, Phangkhar and Bjoka in Zhemgang. The project aims to create sustainable high-value economic opportunities that will directly improve the quality of life for farmers, artisans, micro & small enterprises, designers, traders, and exporters. The project's second objective is to research and develop bamboo and its composites as engineering materials for various end-use applications. The establishment of Community Facility Centres (CFCs) in both districts provides an opportunity to conduct skills enhancement training, provide value addition services and promote bamboo-based enterprises.

ECONOMIC DEVELOPMENT PROGRAMME

The Foundation’s objective of supporting rural communities in Bhutan to secure a better future through sustained livelihoods and enhanced access to financial services requires a holistic approach to economic development. By creating opportunities for income generation, promoting entrepreneurship, and enhancing access to financial services, the Foundation is working to uplift rural livelihoods and improve the economic well-being of these communities over the long term. Additionally, the Foundation works to enhance access to financial services, such as credit and savings products, to support economic development. By providing access to financial services, rural communities can better manage their money, invest in their businesses, and save for the future.

a) Income Generating Activities

1. The project "Promoting Integrated Bamboo-Based Enterprise Development among SAARC Countries," supported by the SAARC Development Fund, is implemented in Gongdue, Silambi, Tsamang and Saling in Mongar and Ngangla, Goshing, Phangkhar and Bjoka in Zhemgang. The project aims to create sustainable high-value economic opportunities that will directly improve the quality of life for farmers, artisans, micro & small enterprises, designers, traders, and exporters. The project's second objective is to research and develop bamboo and its composites as engineering materials for various end-use applications. The establishment of Community Facility Centres (CFCs) in both districts provides an opportunity to conduct skills enhancement training, provide value addition services and promote bamboo-based enterprises.
The achievements of the project in 2022 are:

- The construction of Kalapang CFC has been completed with the installation of bamboo machines such as a vacuum pressure impregnation plant, bamboo crosscut machine, chain radial splitter, outer knot removal machine, inner knot removal machine, slicer machine, laser machine and dryer machine. At Bjoka CFC, a bamboo pole-cutting machine, knot removal machine and laser engraving machine has been installed.

- A short-term accelerated training on bamboo handicrafts for 10 days in March 2022 was conducted for Desuups at their camp in Gyelpozhing. Training included silver making, weaving of bangchung, flower baskets, garden umbrellas and containers.

- The bamboo artisans of Mongar participated in the 7th Royal Bhutan Flower Exhibition in Gyelposhing, Mongar, from 2nd to 8th May 2022, generating a total income of Nu. 278,850 from the sale of cane and bamboo products.

- The bamboo artisans of Zhemgang participated in the Tarayana Foundation Day celebration from 4th to 6th May 2022 to promote and market their products. An income of Nu. 243,600 was generated from sale of the products.

- The brand "TSHAR" created exclusively for the bamboo products from the SDF project sites in Mongar and Zhemgang, was promoted via banners and roll up standees at the Seventy-fifth Session of the WHO Regional Committee for South-East Asia Region held from 5th to 9th September 2022 in Paro.

- Artisans from Mongar and Zhemgang launched the TSHAR Bamboo Construction Products at the 11th Bhutan Construction & Wood Expo organized by the Bhutan Chamber of Commerce & Industry from 14th to 17th October 2022. An amount of Nu. 126,350 was earned by the artisans from Zhemgang, while artisans from Mongar made Nu. 111,050 from the sale of products.

- A training on Basic Entrepreneurship Development in collaboration with the Ministry of Labour and Human Resources and the Dzongkhag Economic Sector was conducted in Zhemgang from 18th November to 1st December for nine youths (2F, 7M). The same training was conducted for 22 youths (12M, 10F) in Mongar for 15 days. From Zhemgang, a total of five business plans were generated and seven from Mongar.
Sangay is the group leader of his group consisting of six members. All the members are skilled in making bamboo products like furniture, lifestyle products, and other outdoor bamboo products like canopies, gates, etc. Sangay dreams of opening a bamboo furniture house in the future and employing few people under him, but he says financing is a big challenge for him. He is optimistic that as long as he has the skills, he will be successful one day.

TESTIMONIAL

Forty-four year-old Sangay Dorji, in his new Sethra Gho, smiled nervously and stood beside his gazebo when Lyonpo Loknath Sharma, Minister for Economic Affairs, and other officials praised his gazebo and other bamboo construction materials made by him and his team. The products were displayed during the launch of TSHAR Bamboo products at the 11th Construction and Wood Expo 2022, conducted from the 14th to 17th of October 2022. Sangay from Mewang, Goshing block, under Zhemgang district, participated along with his younger brother as a representative for their group to showcase their bamboo product during the occasion. Before he ventured into bamboo product making, he was a wood carpenter.

But three years ago, he got an opportunity from the Tarayana Foundation to participate in a bamboo training programme for 45 days in Kudal along with 16 bamboo artisans. "After the training, I left woodwork and took up bamboo work. It is a more satisfying job for me because I find it unique, and being from Zhemgang district, a place known for bamboo products, I find myself responsible for retaining and continuing the culture and tradition", shares Sangay. For the past three years, he has supplemented his agricultural income through sales of bamboo furniture products such as tables, chairs and beds. "Since it's an early stage for me, I was selling my products at a lower price to enter in the market but coming here this time, I learned that I can sell my products at a better price. Not only that, I am aware of the customers' needs and wants", says Sangay. "It's my first time here in Thimphu showcasing my and my group members' creativity. Without Tarayana Foundation's support, it wouldn't have been possible."

Sangay is the group leader of his group consisting of six members. All the members are skilled in making bamboo products like furniture, lifestyle products, and other outdoor bamboo products like canopies, gates, etc. Sangay dreams of opening a bamboo furniture house in the future and employing few people under him, but he says financing is a big challenge for him. He is optimistic that as long as he has the skills, he will be successful one day.

REPORTED WITH CONSENT FROM THE CONCERNED PERSON(S)
2. "Improvement of Livelihood for Merak & Sakteng, Trashigang and Tading, Samtse Phase II", funded by Sunline Foundation, and implemented in Tading under Samtse, and Merak and Sakteng under Trashigang was completed in December 2022. The project's main aim was to improve the nutritional intake of the communities and enhance income generation opportunities through the utilization of the machines provided. The following machines were procured, distributed and installed at the project sites; Maize Grinder - 18 nos. for Tading and 20 nos. for Merak & Sakteng, Flour Mill - 9 nos. for Tading and 10 nos. for Merak & Sakteng, Rice Mill- 1 no. for Tading and 4 nos. Merak & Sakteng, Areca Nut Peeler - 1 no. for Tading and Solar dryer - 2 nos. for Merak & Sakteng.

The target communities have benefitted from the machines in the following ways;

- Extensive travel to exchange food, especially for Merak and Sakteng communities has been reduced through the usage of machines thereby ensuring a step towards self-sufficiency
- Instilled a sense of ownership in the communities via the introduction of saving schemes (monthly contributions by group members) which will be used for future maintenance of the machines supplied
- The project trained the selected people from each community to operate and maintain the machines at the household level (16 from Merak, 17 from Sakteng and 29 from Tading)
- 729 households (213 in Merak, 330 in Sakteng and 186 in Tading) have benefitted from the machines. Total number of people availing the services of the machines is 4,610 from Merak & Sakteng (1180M, 2204F) and 1090 from Tading (299M, 277F)
b) Skills Trainings

The Foundation provides various training to enhance the capacity and skills of community members in collaboration with different sectors and organizations. A total of 1355 (699M and 686F) community members were trained in the following categories: Construction Skills, Enterprise Development, Green Technologies, Handicrafts and Agriculture.
c) Market Facilitation

The Foundation facilitates the marketing of products produced by various Self-Help Groups and individuals through events, festivals, and also through the different outlets of the Tarayana Rural Crafts. A total of Ngultrum four million plus worth of products were sold in the year 2022.

d) Access to Credit

The Tarayana Micro Finance for Rural Development Pvt.Ltd. (TMF) provides a unique credit service through their ‘Business in a Box’ model. Finance credits are provided with support services through the Tarayana's Field Officers. The support includes processing of the loans, sourcing inputs, training, linking to existing government services and eventually marketing.

The micro- credits facilitated are mainly for agricultural activities, micro and small enterprises with an aim to improve the livelihood prospects of the rural communities.

<table>
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<tr>
<th>SL NO</th>
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<th>INCOME GENERATED</th>
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<td>Nangphupho Pho</td>
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<td>Tseagla</td>
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<td>9.</td>
<td>Tsirang</td>
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<td>10.</td>
<td>Sarpang</td>
<td>330,000</td>
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</table>

Total: 40,92,000

This programme contributes to targets 8.3: Promote development-oriented policies that support productive activities, decent job creation, entrepreneurship, creativity and innovation… and 8.6: By 2030, substantially reduce the proportion of youth not in employment, education or training under SDG 8. It also contributes to AKRA 2: Income generating opportunities created for vulnerable groups, KPI 2.1: New financial products/services for the vulnerable group, KPI 2.2: HHs receiving targeted income generation support, AKRA 4: Food security and agriculture productivity enhanced for vulnerable groups and KPI 4.2: Poor households benefiting from provision of farm machineries (rice huller, paddy thresher, etc) under NKRA 3. KPI 11.2: Youth unemployment rate, AKRA 1: Jobs created, KPI 1.1: Jobs created in RNR sector, KPI 1.4: Jobs created in CSI sector, AKRA 3: Entrepreneurship and business development enhanced and KPI 3.1: Young people trained in entrepreneurship development programmes under NKRA 11.
AWAWARENESS AND ADVOCACY

1. The “Secondary Urban Towns Development Project, BHU-3674” executed by the Department of Engineering Services (DES), Ministry of Work and Human settlement (MoWHS), funded by the Asian Development Bank, was implemented in Trashigang, Sarpang, and Samdrup Jongkhar to mobilize experts to implement a Gender Action Plan (GAP).

Some of the activities carried out under this project were installing signboards (Awareness on HIV/AIDS, Water, Waste, and Human Trafficking) at selected sites under Sarpang, Trashigang, and Samdrup Jongkhar. Awareness videos and recordings were aired through Bhutan Broadcasting Services (BBS) and radio stations. The project has also conducted an Art Competition in selected schools under Sarpang, Trashigang & Samdrup Jongkhar on various themes like human trafficking, climate change, the impact of waste, and gender equality. The top three and consolation prizes were awarded with certificates to students from each category.

2. The project "Rangi Buzhi; Rangi Norbu’ - ‘Our Children; Our Wealth’, a multi-sectoral Social Behaviour Change campaign to address Violence Against Children (VAC) campaign funded by UNICEF in partnership with National Commission for Women and Children (NCWC), was implemented from July to December 2022 in three targeted districts of Samtse, Thimphu, and Trashigang.

Out of the three pilot districts, the Foundation was identified as the key implementing partner for Samtse, where two teams consisting of four members each covered the 15 blocks under Samtse.
3. The project “Strengthening the Rights of Youth and Women in Rural Communities through Human Rights–Based Approach to Development,” funded by the European Union, was targeted at 21 villages of four blocks under Haa (Gakiling), Samtse (Tading), and Trongsa (Langthil) districts.

The main objectives were to increase awareness and knowledge among the youth and women about their legal rights through capacity development and participatory awareness programmes. It also promotes a culture for the participation of the youth and women in development planning, implementation, monitoring, and evaluation of existing development programmes in their areas. Lastly it aspires to strengthen the capacity of local leaders through training in human rights-based approach to programming to enhance the delivery of quality services and engagement of communities.
The Hon’ble Founding President, Her Majesty The Gyalyum Ashi Dorji Wangmo Wangchuck, visited Dagana and Tsirang districts from 16th to 19th October 2022. As the Founding President of Tarayana, Her Majesty leads regular monitoring exercises to take stock of progress on the ground. These visits give the rural communities opportunities to report directly to Her Majesty regarding the quality and relevancy of the Foundation’s initiatives on the ground. During the visit, the following activities were carried out:

- Her Majesty visited Tashiling-Maed village (Balukhoap) under Semjong block, Tsirang, where housing improvement, water security activities, and food and nutrition security have been implemented through the Rural Economy Advancement Programme (REAP) II, and the American Himalayan Foundation project
- Her Majesty also visited Sergithang block and interacted with all the community members. The representative of the block requested support towards housing improvement and addressing water insecurity
- On the last day of the visit, Her Majesty visited Phuentenchu Primary School, Tsirangtoe Central School, and Mendrelgang Primary School to meet and thank the Tarayana School Club members for the wonderful work they do. Her Majesty also granted an audience to the entire school in all three schools and interacted with the students and teachers. The club coordinators made presentations on the various activities carried out by the members
FOLK HERITAGE MUSEUM

Folk Heritage Museum allows visitors a glimpse of the traditional Bhutanese lifestyle and artifacts of rural household objects, tools, and equipment. The Museum organizes regular demonstrations of rural traditions for visitors, like traditional games, archery, and darts, allowing visitors to wear traditional attire from different regions and take pictures. The Museum also hosts educational and traditional events. The highlights of 2022 are;

1. Lolay Celebration

The celebration of Lolay or Nyilo (Winter Solstice) is an annual event at the Museum. It is an age-old tradition practiced in the Western districts of Wangdue Phodrang, Punakha, Haa, and Paro. The Folk Heritage Museum has taken initiatives to revive this fading tradition and to create awareness among children about the importance of Lolay and Nyilo. On January 1st and 3rd 2022, the Lolay recitation was organised in Lingkana Palace, Her Majesty Gyalyum Dorji Wangmo Wangchuck's Palace and other organizations.

2. Jakar Dung Zimchung Maintenance

Renovation of Jakar Zimchung in Bumthang is an important initiative that celebrates and cherishes the Queens of Bhutan. By preserving and showcasing the Jakar Dung Zimchung, Bhutan is not only celebrating the legacy of its queens but also emphasizing the importance of gender equality and the empowerment of women. This initiative is a powerful reminder of the pivotal role that women have played in shaping Bhutan's history and culture. The Jakar Dung Zimchung is a symbol of Bhutan's commitment to curating and exhibiting crucial roles women have played in shaping the country's narrative.
TARAYANA RURAL CRAFTS TRANSITIONING TO BHUTAN ASSOCIATION OF RURAL ARTISANS

Tarayana Rural Crafts is responsible for producing and promoting artisanal products from rural villages by working closely with thousands of artisans and hundreds of Self Help Groups nationwide. The products are crafted by skilled artisans whose families have been involved in the craft for generations, using natural materials that are available locally. The artisans are provided with the necessary tools and skills to revive traditional arts and crafts while adapting to new market demands. Tarayana Rural Crafts successfully marketed products worth Nu. 526,078 in 2022 through various outlets.

The organization is now registering as a separate Civil Society Organisation, Bhutan Association of Rural Artisans, under the Royal Patronage of Her Majesty Gyalum Dorji Wangmo Wangchuck.

The Project “Export Diversification for Economic Growth & Poverty Reduction” funded by European Union, facilitated by International Trade Centre, was successfully completed in August 2022 with 21 beneficiaries from private sectors, CSOs, and government agencies with the objective to increase incomes along the two value chains to contribute to economic growth and poverty reduction. The main outputs were;

- Nettle woven products gained international recognition as a natural high-end textile

- The project facilitated high visibility of Tarayana Rural Craft (TRC) products in the international market through Maison and Objet platforms

- Through the project TRC was able to develop a linkage with high-end retail shops for marketing and potential collaboration, such as Meg Naum House, UK, Virginie, France, HomeBody, USA, Helma Interior, Germany, The Gallery, USA, Scherbengraben, Switzerland, Baobab, France and Quitan, Japan
TARAYANA CENTRE FOR SOCIAL RESEARCH AND DEVELOPMENT (TCSRD)

TCSRD is the research branch and think tank of the Foundation for action-oriented research that is grounded in people’s lived realities and aspires to inform key development debates and policy dialogues. This is pursued through research, documentation, monitoring, and evaluation of the Tarayana Foundation’s many interventions in the field with most remote and vulnerable communities in Bhutan. The centre focuses on practical implementation of interventions using bottom-up approach and provides useful insights for national, regional, and global policy formulation initiatives.

TCSRD complements the Tarayana Foundation in realizing its vision of a happy and prosperous Bhutan by working towards three research themes:

1. Adapting to Climate Change and building Climate Resilience in rural communities
2. Enhancing Sustainable Livelihoods
3. Supporting Youth and Women

B-KIND Project funded by IDRC, Govt. of Canada

Informing and engaging the stakeholders of the B-KIND project

Two days inception workshop was held to engage and inform the stakeholders through awareness creation of the project among the stakeholders and seek their consensus on what the B-KIND project aims to achieve and collectively understand types of risks involved, assumptions made and take on board the viewpoints of the stakeholders; to engage policy makers from the start and identify enabling environmental factors with the government and to engage with other relevant Civil Society Organizations (CSOs) as partners.

The two day inception workshop saw 27 participants on day 1 and 28 participants on day 2. The participants comprised of technical experts, policy makers, CSOs, Ministry of Agriculture and Forests, Gross National Happiness Commission, National Commission for Women and Children (NCWC), National Centre for Hydrology and Meteorology, Conservationists, Environmentalists, Disabled Peoples’ Organizations, and the Royal University of Bhutan.
Scholarships

All the B-KIND scholars have started their programs. Four PhD scholars (biophysical on B-KIND themes) at CNR have successfully defended their proposals, completed preliminary data collection and preliminary findings are available. The two PhD scholars (social/anthropology) are enrolled and pursuing mandatory courses at Carleton University, Canada. One MA scholar (Sociology and Social Anthropology) is enrolled at Tata Institute of Social Sciences (TISS) and pursuing mandatory courses.

Research guidelines

Research guidelines such as ethical guidelines, informed consent and annotated bibliography framework are in place. The research teams (TCSRD and CNR) completed their introductory visits to the project sites (Gasa, Punakha and Wangdue dzongkhags) and had consultations with local government officials.

Socio-cultural studies

Socio-cultural studies were initiated in all the project sites, and key informant interviews and in-depth individual interviews with farmers were carried out in all the project sites. The results of the interviews were transcribed, and transcripts are available.

Focus group discussions with farmers were also carried out. Transdisciplinary sharing of preliminary findings was done during the debriefing meeting at the end of the field visit.

The records of the participant observations from the three districts (Gasa, Punakha and Wangdue) are available. Preliminary findings from the data so far from all selected sites are able to be used for in-depth research and action research.
Capacity Building and Training

B-KIND staff were trained on the various qualitative methods of social research. The PhD students at CNR were trained on the ACPI software (World Bank designed Interviewer App) and the APP was used for questionnaire entry and data collection with android phones.

In line with objectives of the TCSRD, the following services were provided to support the programmes and projects of the Foundation;

- Baseline Survey Report for Food security in Bhutan through professionalized Self Help Groups (SHGs), November 2022 funded by Bhutan Foundation

- Food Mapping Report for the project Nutrition & Health Advocacy to help Rural and Vulnerable Population Groups Eat & Stay Healthy During the COVID-19 Pandemic & Beyond, July 2022 supported by World Food Programme (WFP), Bhutan

- Report on Household Food and Nutrition Security Survey, August 2022 supported by WFP, Bhutan

- Final Report for Strengthening community-based Structure to Address Under Five Nutrition, January 2023 supported by ADB/MoH project Number 51141-002 and Grant number G 0616-BHU
TARAYANA MICROFINANCE (TMF) FOR RURAL DEVELOPMENT

Tarayana Microfinance was established in 2020 by the Founding President with the vision of providing access to microcredit for rural development and aims to enable the rural communities of Bhutan to help themselves come out of poverty with accelerated income growth.

The progress of TMF in 2022 are:

- TMF achieved the company’s breakeven target by August 2022, projected for 2024
- It has penetrated 18 districts with 465 clients. Tsirang district has the highest number of clients
- Regarding the gender-disaggregated data, TMF has seen an increase in female applicants. It was also found that female clients are more inclined to make timely repayment of loans
- TMF has integrated its service with the Bank of Bhutan’s mBoB system. The integration has enabled all mBoB-holding clients to view, make payments and close their loan accounts
- TMF has won four institutional grants as of November 2022; 1. Austrian Development Cooperation, 2. The World Bank, funded through the Asian Disaster Preparedness Center (ADPC), 3. Vienna City grant for the women farmers in Lhuentse, and 4. The Stiftung Drittes Millennium for the implementation of agroforestry climate adaptation including access to microcredit
LING-ZHI FOODS

LING-ZHI Foods is a food processing start-up operated by three young women entrepreneurs under Tarayana Foundation. LING-ZHI Foods aims to improve local food choices in the Bhutanese market by creating and marketing healthy, nutritious, and affordable local food products. The mission of LING-ZHI Foods is to add value to local crops by transforming them into healthy and delicious products without the use of chemical preservatives, and to become an alternate market for farmers. Their product line includes dehydrated fruits, cereal drinks, seed bars, juice, snacks, as well as popular Korean dishes like kimbap and kimchi. The team has been trained by Korean volunteers at the Foundation, ensuring an authentic taste of kimchi with better shelf-life and gut health benefits. All of their products have been evaluated at the National Food Testing Laboratory from Yusipang, Ministry of Agriculture and Forestry (MOAF) and are packaged according to Bhutan Agriculture and Food Regulatory Authority (BAFRA) regulations.

What sets LING-ZHI Foods apart is their sourcing of raw materials from Tarayana rural sites through field officers, supporting local farmers and ensuring a favorable market for their produce. Their products are available at Cottage & Small Industry (CSI) market, and dehydrated fruits also being delivered to restaurants for garnishing their food items.

They have recently opened a sales outlet at KAJA Throm, and also exports their dehydrated fruits to MAG-MAG Bangkok and are in the process of exploring Korean markets. The team is actively engaged on social media platforms such as Facebook and Instagram, and has been featured in interviews by Yeewong Bhutan.

Some of the new recipes developed by the team are dried fruit varieties, Kimchi Dining, Sweet Potato Sticks, Nutrition Bars, Pickled Radish, Kimbap, Detox Juice, Korean Toast, and Cereal Drinks.
“Clearing the roadblocks ourselves when I visited one of Tarayana’s sites in Wangdue district last year made me understand the hard work and dedication of the Foundation in reaching out the most remote and disadvantaged communities. That developed in me more respect and appreciation for the Foundation”, shares Ms. Lee.

Mr. Kyujin Lee and Ms. Eunkyoung Koh from South Korea CSO Global Inner Peace has been volunteering with the Foundation since 2020. Ms. Lee was the Coordinator for the Korean International Cooperation Agency in Bhutan. While Mr. Lee mentors and guides the LING-ZHI team in food processing using local ingredients, developing new recipes, packaging, and marketing. Ms. Lee works closely with the programme division to generate collaboration and exchange between schools in South Korea and the Tarayana School Club as well as develop proposals for poverty alleviation in rural communities. They donated a food packaging machine and a sealing machine to the LING-ZHI team.

"After learning about Tarayana’s activities, I could see a lot of similarities with what Global Inner Peace does in South Korea and Papua New Guinea in terms of addressing poverty and rural issues which is why I offered my voluntary services," says Ms. Lee.

"I see lots of opportunities in LING-ZHI Foods because of the abundance of available organic and fresh raw materials to which value can be added and exported. I also realized that there is a need to create awareness about the new healthy recipes that we have created using only local produce", says Mr. Lee.

Lee also observed the increasing consumption of imported processed food and carbonated drinks that are not the healthiest choices. He feels that we can address this by creating healthier and more nutritious substitutes with locally available raw materials.

Ms. Lee feels the need to advocate for exchange and partnership between Korean and Bhutanese students, "I find a vast difference in Information and Communications Technology (ICT) knowledge between Bhutanese students and Korean students. By using the metaverse platform, I would like to facilitate this so that the students of the two countries can learn not only about the different cultures, but Bhutanese students can enhance their ICT knowledge and explore and learn more".

“Our experience in Bhutan was one of the most memorable as we like the philosophy of happiness and the green environment of the country. We love the country so much that we extended one more year to stay here and I have written an account of my experience here with a friend”, Says Mrs. Lee.

They further expressed that after returning to their country, they want to continue the partnership and explore more avenues of collaboration with the Foundation. Ms. Lee wants to seek support for the Wangdue community, and Mr. Lee intends to guide LING-ZHI Foods virtually.
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FINANCIAL REPORT 2022
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FINANCIAL REPORT 2021
YEAR IN REVIEW

1st and 3rd January
A group of children coordinated by the officials from the Folk Heritage Museum organized Lolay recitation at Lingkana Palace, Her Majesty Gyalyum Dorji Wangmo Wangchuck’s Palace and various other organizations.

1st February
The Foundation had the opportunity to virtually present its intervention and be part of the “Winner’s Networking Workshop” organized by the World Habitat Awards.

18th February
On the command of the Founding President, Her Majesty, Gyalyum Dorji Wangmo Wangchuck, the Foundation handed over Personal Protective Equipment (PPE) including latex gloves, sterile swabs, digital thermometers, and gowns worth AUD 1.4 million, to the Ministry of Health, Royal Government of Bhutan at Kawajangsa, Thimphu. The PPE was in turn donated by First Sourcing and Logistics Pty Ltd, a subsidiary of Minderoo Foundation.

17th March
A short-term accelerated bamboo training programme was facilitated by the Foundation along with Mr. Dorji Rinchen, a master artisan from Kalapang village in Mongar. The 10 days of training saw participation of 13 Desuups (5F& 8M) at Gyelpozhing, Mongar as a part of the Floriculture Training supported by the Desuung Skilling Programme.

31st March
Her Majesty Gyalyum Ashi Dorji Wangmo Wangchuck, the Hon’ble Founding President, chaired the 34th Board Meeting of the Foundation, which was conducted virtually. Her Royal Highness Ashi Sonam Dechan Wangchuck, Hon’ble Member of the Board, also graced the meeting with her presence along with other esteemed Board and Executive Committee Members. Senior staff from the secretariat presented the progress report for the past three months. Further discussions on Tarayana’s new strategic plan and way forward were also held.

12th April
Under the project Living Landscape: Securing High Conservation Values in South Western Bhutan, community mobilization and consultation on issues related to human-wildlife conflicts, awareness on sustainable land management, water-related issues, and eco-tourism opportunities, were conducted at Mewang block under Thimphu district.
27th April
The nature-based assessment with a focus on medicinal plants was carried out in collaboration with Mr. Jambay, Lecturer at the College of Natural Resources, accompanied by Dungtsho Jigme Singye, Researcher at the Center of Bhutan Studies. The project is funded by the International Climate Initiative (IKI) as part of a High Conservation Value project.

2nd to 5th May
Cane and bamboo self-help groups of Mongar promoted and marketed their products at the 7th Royal Bhutan Flower Exhibition held at Gyalposhing, Mongar.

5th to 8th May
The Training of Trainers for children under-five nutrition was conducted at Lobesa, Punakha. It was facilitated by Mr. Thukten Penjor (Deputy Chief Nutritionist, JDWNRH), Ms. Priyasha Gurung (Sr. Nutritionist, Gidagom Hospital), and Mr. Sonam Tobgay (Assistant Dietitian, JDWNRH). This initiative is under the project “Strengthening Community-Based Structure to Address Under Five Nutrition,” supported by the Asian Development Bank through the Ministry of Health.

10th June
Her Majesty Gyalyum Ashi Dorji Wangmo Wangchuck, the Founding President, inaugurated the first Public-Private Partnership floral garden in Thimphu at Tarayana Park. The inauguration was graced by His Eminence Vairochana Rinpoche Ngawang Jigme Jigten Wangchuck and Her Royal Highness Ashi Sonam Dechan Wangchuck.

16th June
B-KIND Inception Workshop, “Climate Change- Agriculture- Food- NRM Nexus through the Lens of Gross National Happiness (GNH) and Gender Equality” was organized by Tarayana Centre for Social Research and Development in Thimphu.

5th July
Consultations with district & block officials and community members were conducted at Trongsa, Zhemgang, Tsirang and Lhuentse. Food mapping exercises were conducted in the four districts to create a database of available foods, consumption patterns, cooking & storage practices, informal seed preservation, and rotation system. This activity is under the project “Nutrition & health advocacy to help rural and vulnerable population groups eat & stay healthy during the COVID-19 pandemic & beyond” funded by WFP.

12th July
A three-day mid-year review was conducted at Tarayana Centre. Progress updates from the Field & Programme, and issues & way forward were discussed for smooth functioning of the planned activities in all the project sites.
16th July
Two days training on “Neuroscience Based Mindfulness and Emotional Intelligence,” was conducted at the Tarayana Centre for the Foundation’s officials by Mr. Namgay Wangchuk, Chief Human Resource Officer, Bank of Bhutan Limited.

6th August
Under the project “Collaboration regarding promotion of homestead nutrition garden and expansion of lead farmers model in the program sites”, 11 rolls of pipe and two power sprayers were supplied to the 11 households of Rotpa community in Lhuentse.

10th August
The newly appointed Member Secretary of the Civil Society Organizations Authority, Dasho Sherab Dorji, and his team visited Tarayana Foundation as part of his familiarization visit to all the CSOs.

9th August
Consultation with community members, hands-on training on solar dryer greenhouse installation, and operation and maintenance of machines (10 maize mills and four flour mills) were provided to the community members of Darna village of Lumung block in Trashigang.

30th August
An orientation programme was conducted for Tarayana staff by representatives from National Commission For Women and Children (NCWC), Respect, Educate, Nurture and Empower Women (RENEW) and Nazhoen Lamtoen for ‘Rangi Buzhi; Rangi Norbu’-‘Our Children; Our Wealth’, a multi sectoral Social and Behaviour Change (SBC) campaign.

6th September
The Foundation participated in an exhibition from 5th to 7th September 2022, at the 75th Session of the WHO-SEARO Regional Committee Meeting held at Paro.

13th September
Consultations with district and sector heads was conducted in Samtse by the Tarayana team with representatives from NCWC and UNICEF under the project “Rangi Buzhi; Rangi Norbu- Our Children; Our Wealth”.

14th to 16th September
Community members of Norgaygang, Tendruk, Pemaling blocks in Samtse along with Block Administration Officials, Early Childhood Care and Development (ECCD) Facilitators, Health Officials, Non Formal Education (NFE) Instructors, Religious Leaders, and Teachers under Tashichhoeling, Samtse completed the awareness and sensitization on “Rangi Buzhi; Rangi Norbu- Our Children; Our Wealth” campaign to End Violence Against Children (EVAC).
19th September
Community members of Mekuri and Lungkholom villages under Pema Gatshel, were supplied with one set of greenhouse solar dryer, six sets of low-cost greenhouses, and chili & tomato seeds for winter production. In addition, hands-on training on the installation of the solar dryer and greenhouse were also provided to the community members of the two villages.

20th September
An art competition was conducted in the selected schools under Trashigang, Sarpang and Samdrup Jongkhar districts coordinated by School Principals and Art Focal Persons. The top three and one consolation prizes were awarded with certificates to students from each category. This is an activity under the project “Gender Action Plan (GAP) implementation under the Secondary Towns Urban Development Project (STUDP)”, funded by ADB.

17th to 21st September
Community members, along with Block Administration Officials, ECCD Facilitators, NFE Instructors, Representatives from Local Monastic Bodies, Community Service Executives and Teachers of the five blocks; Tashichhoeling, Namgyalchhoeling, Sang-Ngag-Chhoeling, Ugyentse and Yoeseltse completed the awareness and sensitization on “Rangi Buzhi; Rangi Norbu- Our Children; Our Wealth” campaign to End Violence Against Children (EVAC).

1st to 2nd October
The Foundation facilitated the promotion and marketing of pottery products for Aum Ugyen Dema of Pottery Group and Nettle woven products for Aum Tsendu Choden of Nettle Fabric Group in the Black Mountain Festival celebrated at Trongsa.

6th to 7th October
The Foundation and International Union for Conservation of Nature (IUCN) organized a two day workshop on Springshed Ecosystem-based Adaptation. Stakeholders from various organizations; UNDP, Department of Forest and Park services from Punakha and Wangdue district, Royal Society for Protection of Nature, College of Natural Resources, Water Partnership, Bhutan Ecological Society, Nim Gangsha Solar, Administrative Officers from Rubesa and Chubu block and others participated in the workshop.

12 to 14th October
The Foundation conducted three days training on Personal Advancement & Career Enhancement (P.A.C.E) at Royal BodyGuards (RBG) Center, Dechhenchholing, Thimphu for 18 women and three men from RBG colony in Thimphu.

14th October
The Foundation successfully launched the TSHAR Bamboo Construction Products at the 11th Bhutan Construction and Wood Expo 2022 organized by the Bhutan Chamber of Commerce & Industry.
16th to 19th of October
The Hon’ble Founding President, Her Majesty The Gyalyum Ashi Dorji Wangmo Wangchuck conducted a monitoring visit to the Tarayana sites in Dagana and Tsirang districts.

29th October
The Foundation organized an online event “ Metaverse Wetland Library” between Rinchen Kuenphen Primary, Thimphu and Jeju Soenheul Primary School in South Korea. During the interaction, the students were made aware of the importance of the protection of wetlands through the stories of wetlands in Bhutan and Jeju Island.

4th November
“Rangi Buzhi; Rangi Norbu- Our children; Our wealth,” the awareness and sensitization campaign to End Violence Against Children (EVAC) has been successfully completed in collaboration with Nazhoen Lamtoen, for Tshaluna under Mewang block, Thimphu.

8th November
The Foundation’s 35th Board Meeting was presided by Founding President, Her Majesty The Gyalyum Dorji Wangmo Wangchuck, Her Royal Highness Ashi Sonam Dechan Wangchuck, the Hon’ble Board Member, and Executive Committee Members.

9th November
Tarayana Foundation and Friends of Bhutan Association, Austria signed a grant agreement funded by the City of Vienna to execute a project aimed at improving the livelihood of women in Lhuentse.

14th to 28th November
The Foundation with support from the Ministry of Labour and Human Resources, undertook 15 days of training in Basic Entrepreneurship course for 22 youths from Saling, Silambi, and Gongdue block under Mongar district as a component of the SDF project, “Promoting Integrated Bamboo Enterprise Development among SAARC Countries”.

18th November to 1st December
The Foundation with support from the Ministry of Labour and Human Resources, undertook a fifteen days training in Basic Entrepreneurship course for nine youths from Pangkhar, Goshing, and Nangla block under Zhemgang district at Rural Development Training Centre( RDTC) Zhemgang. The initiative is a component of the SDF project, “ Promoting Integrated Bamboo Enterprise Development among SAARC Countries”.

23rd November to 6th December
The Foundation organized a workshop at its targeted sites starting from 23rd at Trongsa till 6th Dec at Mongar to strengthen collaboration and coordination between CSOs, local government, and community leaders to mainstream activities related to under five nutrition needs into the local government planning processes.
GOVERNANCE

BOARD MEMBERS
1. Her Majesty Gyalyum Dorji Wangmo Wangchuck
2. HE Dzongsar Khyentse Norbu Rinpoche, Honorary Member
3. HRH Ashi Sonam Dechan Wangchuck, President, Bhutan National Legal Institute and Royal Institute of Law
4. HRH Dasho Jigyei Ugyen Wangchuck, President, Bhutan Olympic Committee
5. Dasho Karma Ura, President, Centre for Bhutan & GNH Studies
6. Dasho Yanki T. Wangchuk, Former Secretary, Ministry of Finance
7. Dasho Thinley W. Dorji, President, Tarayana Dragons Club & CEO, Bhutan Tourism Corporation Limited
8. Aum Sangay Zam, Proprietor, Rinchen Enterprise
9. Ms. Sonam Pem, Member Secretary

EXECUTIVE COMMITTEE MEMBERS
1. Mr. Tshewang Tandin, President, Royal Thimphu College
2. Aum Chhimmy Pem, Director, Cultural Division, BIMSTEC
3. Mr. Chhimi Dorji, Director, Tarayana Centre for Social Research & Development
4. Ms. Chimi Zangmo, CEO, Hotel Dorji Elements, former Executive Director, Vast
5. Mr. Karma T Wangchuk, Architect, United Consultants
6. Mr. Kunzang Thinley, Former Principal, Royal Academy for Performing Arts
7. Mr. Neten Dorjee, Executive Producer/Archive Manager, BBS
8. Ms. Rinzi Pem, Assistant Director, Social Window, SDF
9. Mr. Sonam Lhundrup, CEO, Peepal Consultancy Firm
10. Mr. Thinley Namgyel, Former Chief Environment Officer, National Environment Commission
11. Mr. Kalden Sonam Dorji, Proprietor, Terton Travel Bhutan & Founding Member, Tarayana Dragons Club
12. Mr. Tshering Tashi, Proprietor, Jojos Adventure & Founding Member, Tarayana Dragons Club
13. Mr. Sonam Tshering Dorji, Deputy Director, Trade Negotiation Division, Department of Trade, MoEA
14. Mr. Tashi Penjor, Director, Department of Human Settlement, Ministry of Works & Human Settlement
15. Mr. Chencho Nidup, Proprietor, Druk Events

SECRETARIAT, ADMINISTRATION AND FINANCE
1. Aum Chime P. Wangdi, Secretary General
2. Sonam Pem, Executive Director
3. Thukten Tshering, Finance Officer
4. Tashi Pem, Accounts Officer
5. Pema Lhendrup, Administrative Officer
6. Dechen Dorji, Asst. Administrative Officer
7. Sonam Tshering, Human Resource Officer
PROGRAMME DIVISION
1. Roseleen Gurung, Director of Programmes
2. Karma Uden, Programme Officer
3. Palden Ongmo, Programme Officer
4. Tshering Yuden, Programme Officer
5. Tulasi Ghalley, Asst. Programme Officer
6. Namgay Pem, Monitoring & Evaluation Officer
7. Sherub Wangmo, Communication & Documentation Officer
8. Chhimi Dorji, Director
9. Dr. Ritu Verma, Principal Researcher, B-KIND
10. Dr. Tshering Yangden, Senior Researcher, B-KIND
11. Tshering Phuntsho, Research Associate, B-KIND
12. Monika Sharma, Research Associate, B-KIND
13. Deki Yangzom, Senior Research Intern, B-KIND
14. Sonam Pelden, Senior Research Intern, B-KIND
15. Tsewang Dema, Senior Research Intern, B-KIND
16. Sangay Lhamo, Transcriber
17. Sonam Lhamo, Transcriber
18. Nado, Administrative Officer, B-KIND

FIELD OFFICERS
1. Namgay (Tsirang, Dagana, Sarpang)
2. Sonam Jamtsho (Lhuentse, Trashigang, Trashi Yangtse)
3. Passang Tobgay (Thimphu, Paro, Chhukha)
4. Thinley Bidha (Samtse)
5. Jigme Wangchuk (Wangdue Phodrang, Punakha)
6. Ugyen Tshomo (Pema Gatshel)
7. Tashi Tshering Doya (Haa)
8. Sonam Gyeltshen (Mongar)
9. Som Bdr. Rai (Trongsa)
10. Dorji Tshegay (Zhemgang)
11. Leki Wangchuk (Zhemgang)
12. Namgay Tshering Doya (Samtse)

SUPPORT STAFF
1. R.B Ghalley, Office Assistant
2. Tobgay, Gardener
3. Tsheten, Night Guard
4. Ganga Maya Gurung, Cleaner
TARAYANA RURAL CRAFTS TEAM
1. Dorji Zangmo, Finance/Marketing Officer
2. Sonam Dema, Production Manager
3. Ugyen Phuntsho Selden, Asst. Programme Officer
4. Thinley Dorji, Asst. Programme Officer
5. Pema Yangzom, Embroidery Expert/Needle Felting
6. Pema Wangchuk, Traditional Paper Expert, Production Division
7. Dhan Maya Pulami, Salesperson
8. Sangay Wangzom, Tailor
9. Samten Pemo, Tailor

FOLK HERITAGE MUSEUM
1. Tshering Yangchen, Museum Manager
2. Pema Yangzom, Finance Officer
3. Gado Tshering, Asst. Event Officer
4. Kezang Penjor, Asst. Event Officer
5. Lotay, Museum Lam
6. Sangay Chezom, Salesperson
7. Kuenzang Dorji, Caretaker

TARAYANA MICROFINANCE
1. Karma Thinley Dorji, CEO
2. Jamyang Phuntsho, Programme Officer
3. Singay Zam, Credit Officer
4. Subash Rai, Credit Officer
5. Deepak Uaron, Finance Officer
DONORS & INSTITUTIONAL PARTNERS IN 2022

Ministry of Works and Human Settlement Bhutan

IFAD

LOVELY PROFESSIONAL UNIVERSITY

Asian University for Women

AUSTRIAN DEVELOPMENT COOPERATION

ADB

Bhutan Foundation

Federal Ministry for the Environment, Nature Conservation and Nuclear Safety

HELVETAS

Asian Development Bank

IKI

INTERNATIONAL CLIMATE INITIATIVE

US AID

Regent’s University London

MIT

WWF

AMERICAN HIMALAYAN FOUNDATION

SGP

The GEF Small Grants Programme

THAI PHILANTHROPIST

BUSINESS ENTERPRISE AND EMPLOYMENT SUPPORT (BEES) NETWORK FOR SOUTH ASIA

AstraZeneca
2022 AT A GLANCE

Projects Completed: 8

1. Export Diversification for Economic Growth & Poverty Reduction
   Funded by: European Union, facilitated by International Trade Centre
   Site: Samtse, Pema Gatshel, Trongsa and Lhuentse

2. Ensuring Mindful Approaches to Healthy Lifestyle and Wellbeing of Youth
   Funded By: AstraZeneca Young Health Programme (YHP)
   Site: 12 Tarayana Clubs

3. Regent’s International School, Bangkok support for housing (2HHS at Samtse) (Donation)
   Funded: Regents International School, Bangkok
   Site: Pangzhing Gonma (Upper Pangabri), Tading block, Samtse

4. Strengthening Community-based Structure to Address Under-five Nutrition
   Funded by: Asian Development Bank (ADB) through the Ministry of Health
   Site: Dagana, Mongar, Pema Gatshel, Samdrup Jongkhar, Trashigang, Trashi Yangtse, Trongsa and Zhemgang

5. Ecosystem Based Adaptation Springshed Management in Bhutan
   Funded by: International Union for Conservation of Nature (IUCN)
   Site: Wangdue Phodrang and Punakha

6. Secondary Urban Towns Development Project, BHU-3674
   Department of Engineering Services (DES), MoWHS Implementation of Gender Action Plan
   Funded by: Asian Development Bank (ADB)
   Site: Trashigang, Samdrup Jongkhar and Sarpang

7. Improvement of Livelihood for Merak Sakteng, Trashigang, and Tading, Samtse (Phase 2)
   Funded by: Sunline Foundation, Singapore
   Site: Merak and Sakteng, Trashigang and Tading, Samtse

8. Rangi Buzhi; Rangi Norbu’ – ‘Our Children; Our Wealth’ - a multi-sectoral Social Behaviour Change campaign to address Violence Against Children campaign
   Funded by: UNICEF in partnership with NCWC
   Site: Samtse

Ongoing Projects: 11

1. Promoting Integrated Bamboo Based Enterprise Development
   Funded by: SAARC Development Fund (SDF)
   Site: Zhemgang and Mongar
2. Developing Climate Resilient Communities through appropriate Adaptation and Mitigation  
Funded by: GEF Small Grants Programme  
Site: Yagyur and Khengzor village under Khar block, Pemag Gatshel

3. Living Landscapes: “Securing High Conservation Values (HCVs) in South-Western Bhutan”-International Climate Initiative (IKI)  
Funded by: Federal Ministry of the Environment, Nature Conservation, and Nuclear Safety (BMU)  
Site: Paro, Haa, Tsirang, Samtse, Sarpang, Zhemgang, Dagana, Chhukha and Thimphu

4. Nutrition & Health Advocacy to Help Rural and Vulnerable Population Groups Eat & Stay Healthy During the COVID-19 Pandemic & Beyond  
Funded by: World Food Programme  
Site: Lhuentse, Trongsa, Tsirang and Zhemgang

5. Collaboration Regarding Promotion of Homestead Nutrition Garden and Expansion of Lead Farmers Model in the Program Sites  
Funded by: CARLEP-IFAD  
Site: Pema Gatshel, Trashigang, Mongar and Lhuentse

6. Food security in Bhutan through Professionalized Self-Help Groups (SHGs) (Pilot)  
Funded by: Bhutan Foundation  
Site: Haa, Tsirang, Trongsa, Mongar, Trashigang and Lhuentse

7. Strengthening the Rights of Youth and Women in Rural Communities through Human Rights –Based Approach to Development  
Funded by: European Union  
Site: Samtse, Haa and Trongsa

8. Enhanced Integrated Framework, Brand Bhutan  
Funded by: Enhanced Integrated Framework, Dept. of Trade, Ministry of Economic Affairs  
Site:Mongar

9. Enhance the Resilience of the Grassroots Communities to Adapt to Climate Change through the Promotion of Agroforestry  
Funded by: 3rd Millennium Foundation  
Site: Trashigang, Tashi Yangtse and Dagana

10. Thai Housing Support  
Funded by: Thai Philanthropists Khun Chia- Rug, Pha-ma-ha-A-won, Khun Ra-we-wan, Dr. Pun-Ya- Phat, Rung-na-Pha  
Site: Bjoka block, Zhemgang

11. Housing Support at Mewangang, Goshing block, Zhemgang  
Individual donation from Ms. Sonam Choden  
Site: Mewangang village, Goshing block, Zhemgang
TARAYANA FACILITATES THE IMPROVEMENT OF HOUSING IN RURAL COMMUNITIES THROUGH SKILLS DEVELOPMENT IN MASONRY AND CARPENTRY FOR COMMUNITY MEMBERS, WITH A FOCUS ON GENDER BALANCE. THROUGH THIS INITIATIVE, THE RURAL COMMUNITIES ARE ABLE TO CONSTRUCT THEIR OWN DURABLE AND COMFORTABLE HOUSES, EARN AN INCOME FROM THEIR NEWLY ACQUIRED SKILLS, AND ENJOY A MORE DIGNIFIED QUALITY OF LIFE.

AVERAGE COST FOR A HOUSE: $ 5,000

HELP AN UNDERPRIVILEGED FAMILY
His Majesty The King awarded the National Order of Merit (Gold), during the 109th National Day celebrations in Trongsa in recognition of Tarayana Foundation’s contributions in the upliftment of the poorest and vulnerable communities of Bhutan